

**CALL 1-800-222-1222  
IF YOU THINK SOMEONE  
HAS BEEN POISONED.**

### IN CASE OF A SUSPECTED POISONING

If you think someone may have gotten into an item that may be unsafe, **ALWAYS**

1. Take the person away from the item or room.
2. Call your Poison Center right away, even if you are not sure.
3. Try to have the product in your hand when calling.

### MAKE SURE YOU:

- ✓ Save your local poison center number in your phone, **1-800-222-1222**.
- ✓ Teach everyone in your house how to call your local poison center.
- ✓ Lock up items that you think may not be safe for your child or teenager.

What can I do if a poisoning occurs:

**If the person has collapsed, is not breathing or is not responding, call 911**

#### IF POISON IS SWALLOWED:

**DO NOT** try to throw up or make anyone throw up.

For all swallowed poisons, call the POISON CENTER right away.



#### IF POISON IS INHALED:

**Immediately** get the person to fresh air, then call the POISON CENTER



#### IF POISON GETS ON SKIN:

**Remove** clothing and wash skin with water for **10 minutes**, then call the POISON CENTER



#### IF POISON GETS IN THE EYE:

**Rinse** eyes with cool water for **15-20 minutes**, then call the POISON CENTER



#### BITE OR STING:

**Insects** – Remove the stinger if possible but try not to squeeze the sting, wash the area with soap and water, then call the POISON CENTER.



**Snake bites** – **DO NOT** cut or try to suck out the venom. **DO NOT** apply ice or wrap tightly. Call the POISON CENTER right away.



**POISON CENTER 1-800-222-1222**

[poisoncontrol.org](http://poisoncontrol.org)

**POISON  
Help**  
1-800-222-1222

# POISON PREVENTION GUIDE



**TEXAS POISON CENTER NETWORK**

[poisoncontrol.org](http://poisoncontrol.org)

**POISON  
Help**  
1-800-222-1222

Call **1-800-222-1222** to reach your local poison center.

## HOME POISON SAFETY CHECK LIST:

### KITCHEN

- ✓ Lock up items that could be unsafe for your children, like cleaners and soaps.
- ✓ Place all medicines out of site and out of reach of your children.
- ✓ Use child safety latches (locks) on all drawers or cabinets where you keep unsafe items.
- ✓ Keep your food away from unsafe items.

### BATHROOM

- ✓ Throw away old medications. Call your local poison center at **1-800-222-1222** to find out safe ways to throw out medications.
- ✓ Keep your medicines in the containers they came in.
- ✓ Lock up items that may be unsafe for your children. Some unsafe items are soaps, make-up, cleaners, and nail polish.

### LAUNDRY AREA

- ✓ Lock up items that could be unsafe for your children. Some unsafe items are cleaners, soaps, laundry pods and bleach.
- ✓ Keep your laundry products in the container they came in.

### GARAGE/BASEMENT

- ✓ We keep many unsafe items in the garage. Teach your child that they should only go in the garage with an adult. Keep all items you feel may be unsafe locked away from your children.

### GENERAL HOUSEHOLD

- ✓ Drinks with alcohol in it, like beer and wine, can be dangerous to small children. Keep your open drink in your hand or away from your child's reach.
- ✓ Keep all cigarettes and tobacco products out of your child's reach. Cigarettes and tobacco products can make your child very sick if they swallow them.

### OUTDOORS

- ✓ Check for bee and wasp nests and ant mounds often.
- ✓ Keep yard and outside area of your home clear of fallen logs, standing water and clutter. This will keep snakes and spiders from nesting.
- ✓ Keep grass cut low so that animals that may be unsafe cannot hide there.



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