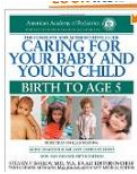


# Books We Recommend



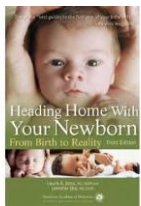
## **Caring for Your Baby and Young Child: Birth to Age 5**

By: American Academy of Pediatrics, Steven P. Shelov, M.D., 2009



## **Touchpoints- Birth to 3**

By: T. Berry Brazelton, 2006



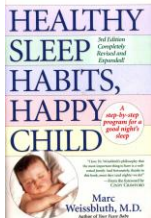
## **Heading Home with your Newborn: From Birth to Reality**

By: Jennifer Shu, M.D., FAAP and Laura A. Jana, M.D., FAAP, 2011



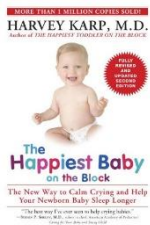
## **Baby 411: Clear Answers and Smart Advice for your Baby's First Year**

By: Denise Fields, Ari Brown, M.D., 2009



## **Healthy Sleep Habits, Happy Child**

By: Marc Weissbluth, M.D., 2003

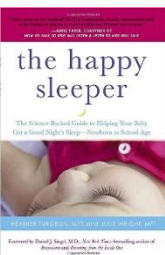


## **The Happiest Baby on the Block; Fully Revised and Updated Second**

**Edition: The New Way to Calm Crying and Help Your Newborn Baby Sleep**

## **Longer**

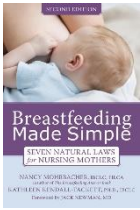
By: Harvey Karp, M.D., 2015



## **The Happy Sleeper**

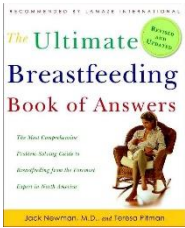
By: Heather Turgeon, MFT and Julie Wright, MFT, 2014

## Breastfeeding Books:



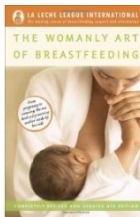
### Breastfeeding Made Simple

By: Nancy Mohrbacher, Kathleen Kendall-Tackett, Jack Newman, 2010



### The Ultimate Breastfeeding Book of Answers

By: Jack Newman, M.D., and Teresa Pitman, 2006.



### The Womanly Art of Breastfeeding (La Leche League International Book)

By: La Leche League, 2010

## Websites:

### General pediatrics:

[www.kidshealth.org](http://www.kidshealth.org)

This website is excellent for adolescents!

[www.healthychildren.org](http://www.healthychildren.org)

This website is excellent for all ages! It is from the American Academy of Pediatrics ([www.aap.org](http://www.aap.org)). You should add it to your *favorites!* It even has a symptom checker--<https://www.healthychildren.org/English/tips-tools/Symptom-Checker/Pages/default.aspx> and the iPhone or Android app can be downloaded to your mobile device for \$1.99

### Breastfeeding:

<http://www.breastfeedinginc.ca/>

<http://kellymom.com/>

<https://keepaustinbreastfeeding.com/>

### Immunizations:

[www.cdc.gov](http://www.cdc.gov)

[www.immunize.org](http://www.immunize.org)

[www.vaccinateyourbaby.org](http://www.vaccinateyourbaby.org)

[www.vaccine.chop.edu](http://www.vaccine.chop.edu)

[www.voicesforvaccines.org](http://www.voicesforvaccines.org)