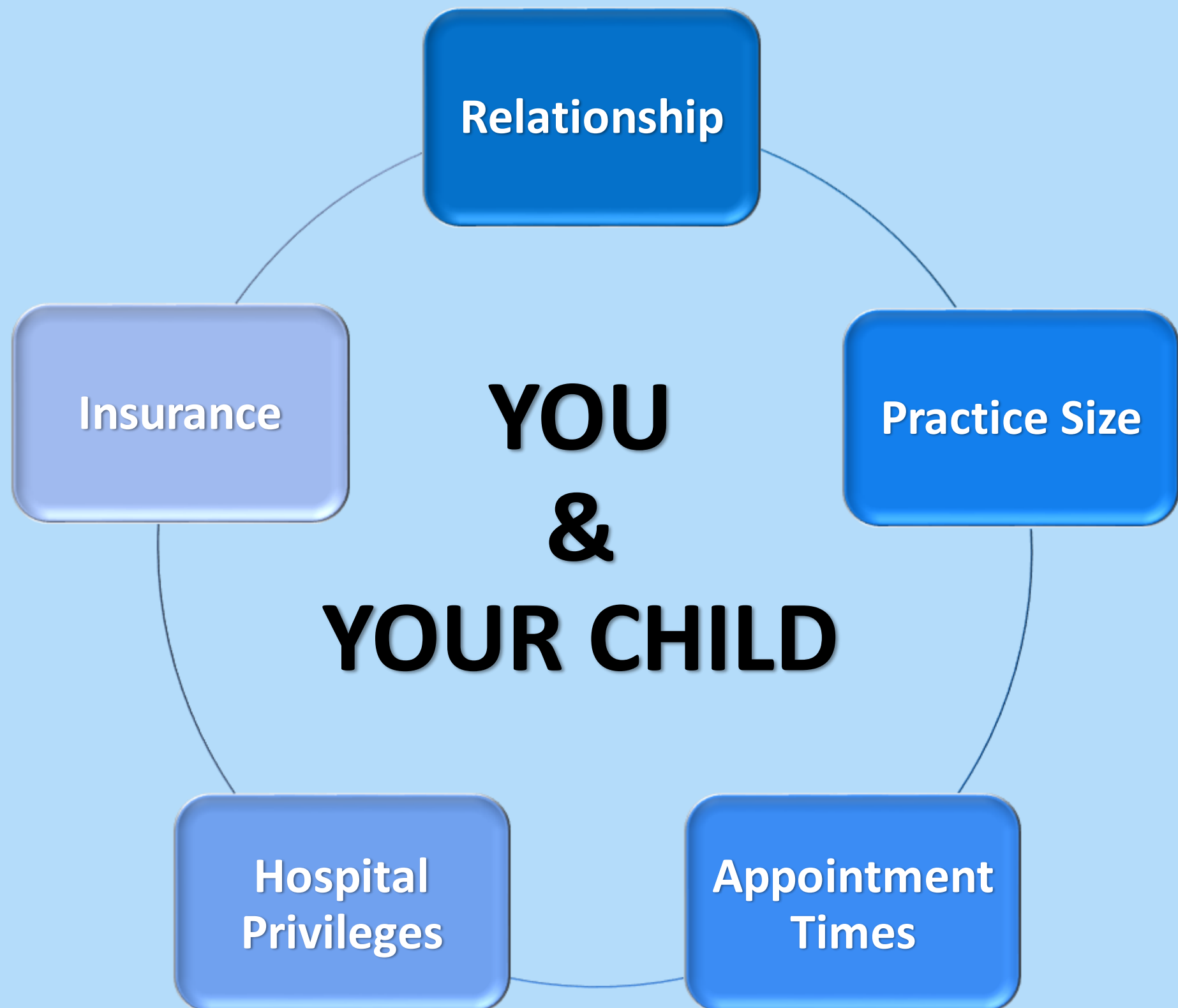




WELCOME TO NORTH AUSTIN PEDIATRICS NEWBORN BASICS ORIENTATION!



Choosing a pediatrician:



Before the delivery date:



Up-to-date immunizations for all contacts

Flu & Tdap shots at least two weeks before delivery

Tdap gives antibodies to the baby with each pregnancy



Take a breastfeeding class & find your child's pediatrician



Purchase a breast pump, car seat, and a rectal thermometer!

Bring car seat to the hospital

Baby is born!!

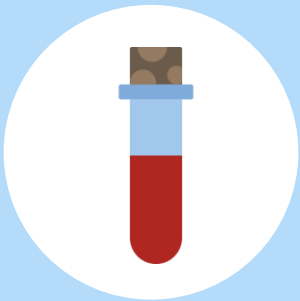
- Vaginal delivery: 36 to 48 hours in hospital
- C-section: three to four days in hospital
- Tell staff who the pediatrician will be
- A Hospitalist/Provider will examine the baby within 24 hours (*and each subsequent day*).
- Baby stays with mom in the hospital room
- Call insurance to add baby, please ensure you do this, as should not believe anyone that tells you to wait until 30 days or wait for birth certificate!!



Metabolic screening:



Texas screens for 52 disorders



First test done at 36 hours of life

Second test done in second week of life with physician



Screens for treatable conditions

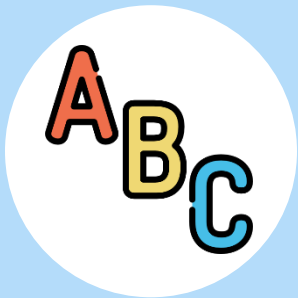
E.g. mental retardation, metabolic disorders, CF, sickle cell anemia, immune deficiencies, etc.

Other tests:



Bilirubin: First screen done at 36 hours of life

Jaundice; higher risk if premature or if mother has O blood type



Hearing screen

Needs to be diagnosed very early to be able to intervene



Congenital Heart Disease Screen

“Meds x 3”: Vitamin K, erythromycin, Hep B

Circumcision:

The AAP's medical stance is "neutral plus"



Lower risk of urinary tract infections (UTI) in first 1-2 years of life; Lower risk of STDs and cancers in the future



Fewer hygiene problems

Visiting North Austin Pediatrics



Newborn follow-up

1-2 days after discharge home



Well Child Checks

2 weeks then 2, 4, 6, 9, 12, 15, 18, 24, 30 months and then yearly at age 3 and up

Practice Philosophy:



We're a small practice; therefore, you're a priority



We strongly encourage breastfeeding



We follow the CDC guidelines for childhood immunizations



We're conscientious about prescribing antibiotics

More about us:

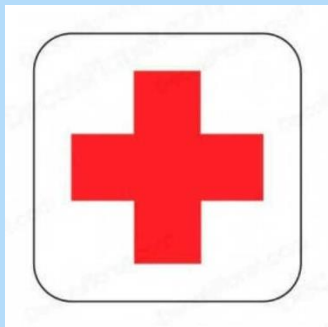


- 10 providers in 3 locations, 9 doctors and 1 PA
 - North Austin, Cedar Park, & Leander
- 8-12 well visits per day; 20-25 patients seen per day
- 30 minute well child checks and 15 minute sick visits
- Schedule sick visits on the day of illness
 - Telemed available for some visits
- Monday-Friday 7:45-4:30; Saturday first call, first serve
- Nurse triage available after hours with fee
 - Calls cost 25\$
 - If you speak to physician, call costs 35\$
 - Online symptom checker and medical library free on NAPPA website
- Students: High school, medical school, resident physician

In case of emergency:



Nurse triage with on-call provider always available after hours with an after-hours call fee



PM Pediatrics Urgent Care, Austin Regional Clinic (Far West, La Frontera, or Cedar Park), and Austin Diagnostic Clinic



Emergency departments:
St. David's North Austin Medical Center
Children's ER or Dell Children's ER at both
the Central and North locations

Fever:



100.4° F or greater



This is an emergency under two months of age



Temperature taken rectally in first three months

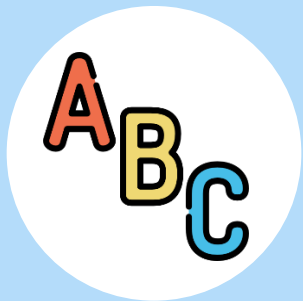
ZZZZZZ...



No more than a three-hour stretch in first two weeks
Babies need eight to twelve feeds per day



Baby ready for sleep-wake cycle at ~4 months



Alone, on their Back, and in their own Crib

Crying? Don't panic



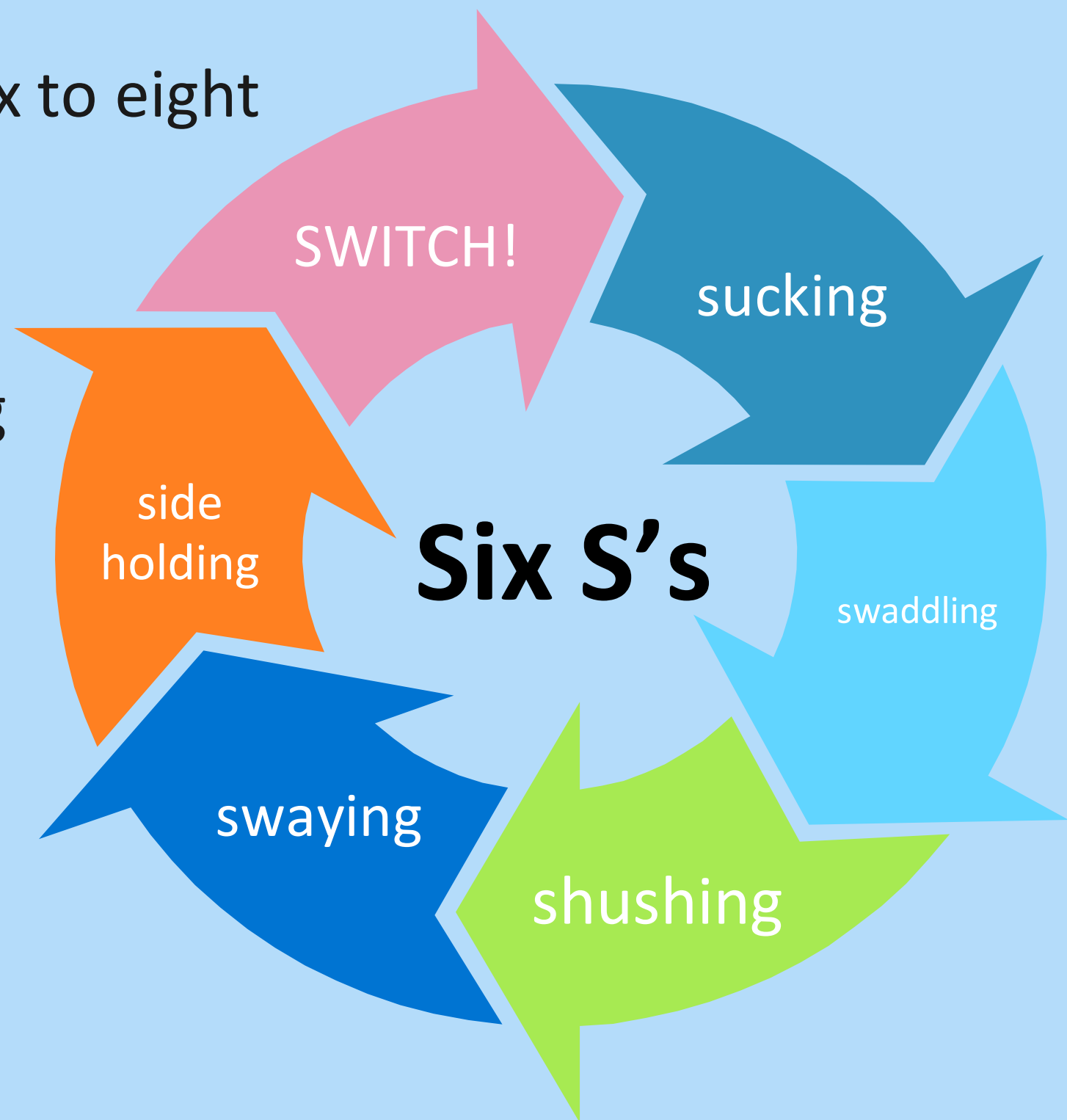
Crying peaks at six to eight weeks of life



Prioritize sleeping



Accept help



Keep in mind:

As much as we'd like them to, babies do NOT follow a schedule

Babies LOSE WEIGHT in the first three to five days

Your baby will not know how experienced you are

You'll hear a lot of advice, but what works for your child matters most

We are here for you!!

www.northaustinpeditrics.com

- Online symptom checker that triage staff use
- Medical library with loads of information
- Patient portal for well children messages, download vaccine records, see visit summaries, upcoming appointments booked.
- Forms & handouts tab for each age well check visit
 - Vaccine information sheets
 - Important Points for that age



Thank you!

We look forward to meeting your baby!