



## Breastfeeding Resources/Lactation Consultants

### A Baby's Best Start

Cathy & Tiffany Clark  
4131 Spicewood Springs, C1  
Austin, Tx 78759  
Ph. 512-873-0700

### Abundant Blessings

Anna Swisher  
Ph. 512-577-5108  
Email [aswisheus@yahoo.com](mailto:aswisheus@yahoo.com)

### Milk Diva

Naiomi Catron, RNC-OB, IBCLC  
Ph. 512-846-MILK (6455)  
[www.milkdiva.com](http://www.milkdiva.com)  
Email: [info@milkdiva.com](mailto:info@milkdiva.com)

### Mom's Place Breastfeeding Clinic

8701 Research Blvd #B  
Austin, TX 78758  
Ph. (512)972-6700  
[www.austintexas.gov/content/moms-place](http://www.austintexas.gov/content/moms-place)

### My Pure Delivery

Diba Tillery  
301 Brushy Creek Road, Suite 106  
Cedar Park, Tx 78613  
Ph. 512-765-9959(main office)  
[www.mypuredelivery.com](http://www.mypuredelivery.com)  
Email: [diba\\_tillery@cedarparkregional.com](mailto:diba_tillery@cedarparkregional.com)

### Special Addition

7301 Burnet Rd, Ste 200M  
Austin, TX  
Ph. 512-326-9308  
[www.maternityandnursing.com](http://www.maternityandnursing.com)

### The Breastfeeding Success Company

111 Ramble Ln Suite 115  
Austin, TX 78745  
Ph. 512-808-0237  
[www.bfsuccess.com](http://www.bfsuccess.com)

### Herbal Supplements:

Fenugreek: 2 caps three times a day

Blessed Thistle: 3 caps three times a day

### Breastfeeding Resources:

<http://www.breastfeedinginc.ca/>

<http://kellymom.com/>

<https://keepaustinbreastfeeding.com/>

### Breastfeeding Books:

Breastfeeding Made Simple By: Nancy Mohrbacher, Kathleen Kendall-Tackett, Jack Newman, 2010

The Ultimate Breastfeeding Book of Answers By: Jack Newman, M.D., and Teresa Pitman, 2006

The Womanly Art of Breastfeeding (La Leche League International Book) By: La Leche League, 2010