



Breastfeeding Resources/Lactation Consultants

A Baby's Best Start

Cathy & Tiffany Clark
4131 Spicewood Springs, C1
Austin, Tx 78759
Ph. 512-873-0700

Abundant Blessings

Anna Swisher
Ph. 512-577-5108
Email aswisheus@yahoo.com

Milk Diva

Naiomi Catron, RNC-OB, IBCLC
Ph. 512-846-MILK (6455)
www.milkdiva.com
Email: info@milkdiva.com

Mom's Place Breastfeeding Clinic

8701 Research Blvd #B
Austin, TX 78758
Ph. (512)972-6700
www.austintexas.gov/content/moms-place

My Pure Delivery

Diba Tillery
301 Brushy Creek Road, Suite 106
Cedar Park, Tx 78613
Ph. 512-765-9959(main office)
www.mypuredelivery.com
Email: diba_tillery@cedarparkregional.com

Special Addition

7301 Burnet Rd, Ste 200M
Austin, TX
Ph. 512-326-9308
www.maternityandnursing.com

The Breastfeeding Success Company

111 Ramble Ln Suite 115
Austin, TX 78745
Ph. 512-808-0237
www.bfsuccess.com

The Milk Grotto, LLC

512-651-9360
www.themilkgrotto.com

Herbal Supplements:

Fenugreek: 2 caps three times a day

Blessed Thistle: 3 caps three times a day

Breastfeeding Resources:

<http://www.breastfeedinginc.ca/>

<http://kellymom.com/>

<https://keepaustinbreastfeeding.com/>

Breastfeeding Books:

Breastfeeding Made Simple By: Nancy Mohrbacher, Kathleen Kendall-Tackett, Jack Newman, 2010

The Ultimate Breastfeeding Book of Answers By: Jack Newman, M.D., and Teresa Pitman, 2006

The Womanly Art of Breastfeeding (La Leche League International Book) By: La Leche League, 2010